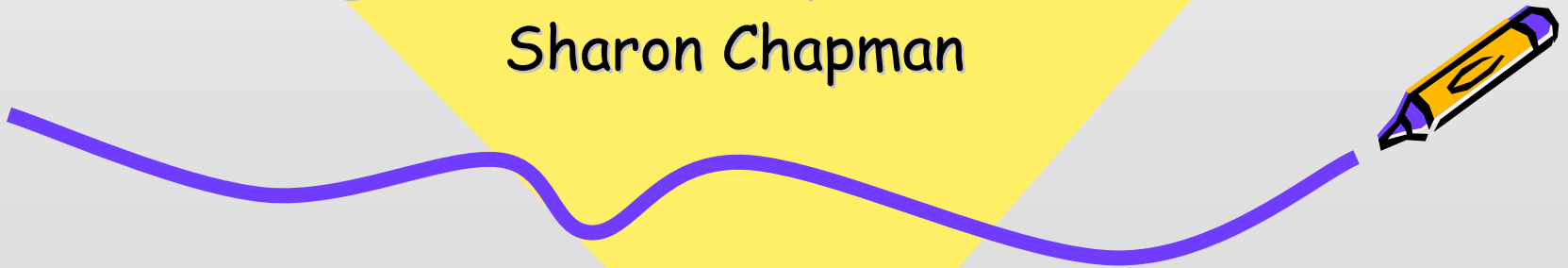


# Relationship Education

Putting the relationship back into PSHE!

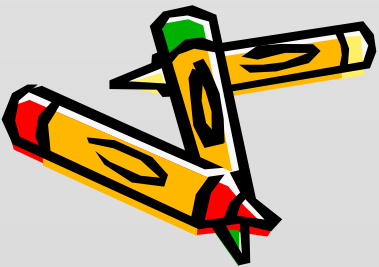
Sharon Chapman



"it's not just about the  
sex..."

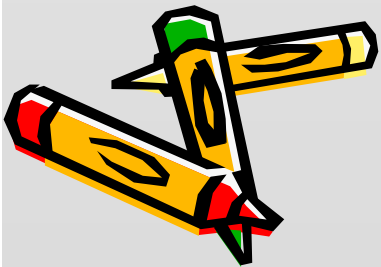
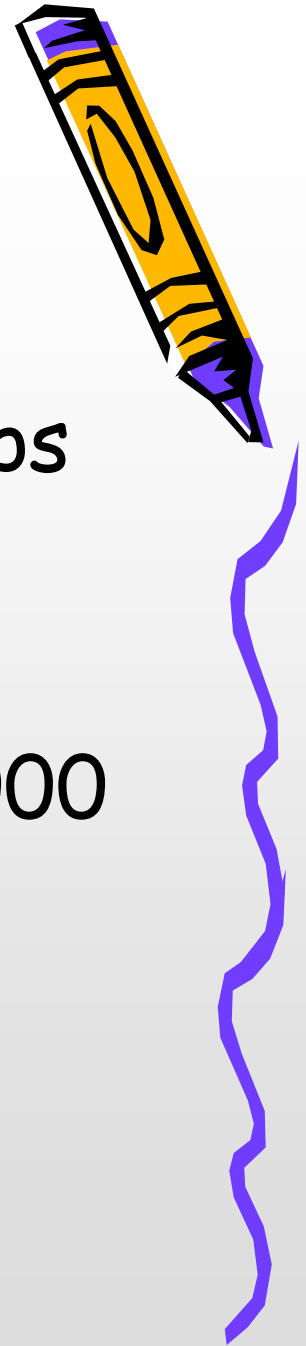
Year 11 student

- "we talked about our feelings too"
- "Boys want the same things as us"
- "not all about looks..."



# Why Relate ?

- 60 years experience in relationships
- Everyday we hear how important relationships are
- Work in over 60 schools, with 16,000 young people nationally.



# The challenge!

- Don't lose the health message.
- What do young people want to know?



# Relate in Schools.

- # What are healthy relationships?
- # Building Better Relationships
- # Relationship endings and new beginnings.



# Key Elements

- + Build knowledge and information
- + Relationship skills
- + Explore attitudes and values



# Building Better Relationships!

✚ Now it is your turn...



# Why Do couples get together?

Invent a man,  
Invent a  
woman....



# Invent a man, Invent a woman

- Name, age
- What do they look like?
- Race and religion
- Sexuality
- Occupation
- Educational background
- Personality/ temperament
- Family background
- Hobbies and interests
- Ambitions?
- Attitudes to money and responsibility!

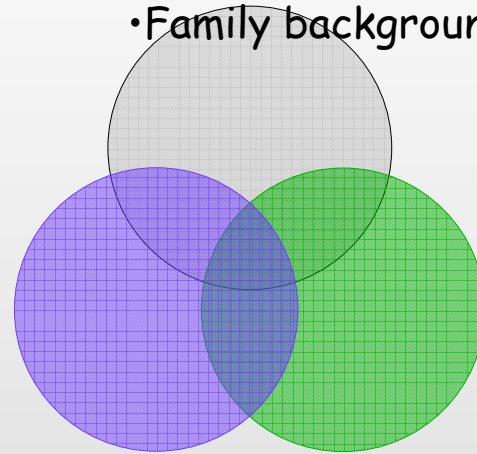
# Couple Fit?

## Social:

- Culture, race & class
- Education
- Family background

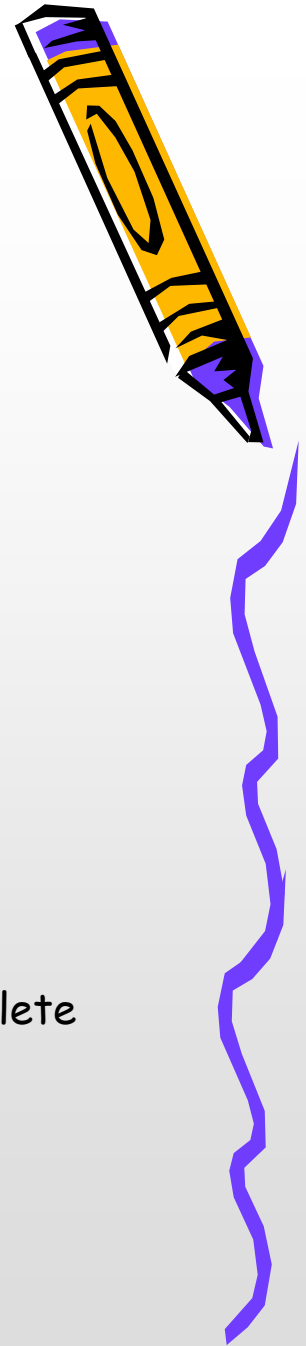
## Conscious:

- Age
- Sexuality
- Motivations
- Attitudes
- Values, beliefs



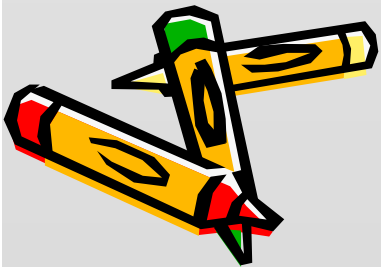
## Unconscious:

- Chemistry!
- Falling in love!
- They make us complete



# The couple story!

- What brings them together?
- Where do they meet?
- How do they get on? What have they got in common?
- What do they argue about?
- What do their parents and friends think?
- What happens next? How long does it last?
- What kind of relationship is this?



# Ideas for the future?

- One thing I have learnt about relationships?
- One thing I will do differently.

