



FOUNDATIONS FOR A GOOD LIFE

Aims of the session:

- *To set the “Foundations for a Good Life” Programme into the context of Marriage Care’s work*
- *To provide information about the Programme*
 - *Resource Materials*
 - *Education Service*
- *To look at feedback from some of the work*



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Marriage Care?



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Marriage Care supports, counsels and educates people in their marriages, partnerships and family relationships.



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Main Services

- *Relationship Education*
- *Marriage Preparation*
- *Relationship Counselling*
- *Telephone Helpline*



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Why are we doing this work?

- *Complements existing work*
- *Expertise and Experience*
- *Preventative*
- *Survey*
- *Emotional Literacy*



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Resource Materials:

- *Lesson Plan Format*
- *Consistent with Curriculum and OFSTED requirements*
- *Government funded*
- *Activity-based*
- *Availability?*



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Contents:

- *Making & Sustaining Relationships*
- *Sexuality*
- *Marriage*
- *Family, Community & Citizenship*



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Education Service:

- *Education Consultants*
- *Tailor-made workshops for Students*
- *In-Service Training*
- *Workshops for Governors and Parents*



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Feedback from Students:

“It was fun by I learnt about how I and others act when we are angry and there is conflict in our relationships. Knowing this I can change what I do”

“We weren’t just talked at. It was a group discussion of ideas”



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Feedback from Teachers:

- ***“The sessions were led by informative people; dynamic presentations; relevant topics”***

“We learnt skills and approaches to PSHE Facilitation”



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How to contact us:

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