INTRODUCTION  (to be read out)
It is often hard to understand what your wife or husband really wants, thinks, needs, feels or does. This quiz is light-hearted but informative; it is useful to get a better understanding of each other – and to bring you closer together.

In many of the questions information is used which is generally true of either men or women. But if it is not true of you, that is because all people are different in many ways; it does not mean you are less of a man or a woman. The questions do, however, usually help you to understand each other and, if necessary, identify where you may be differing.

Do the quiz on your own - only compare when you hear the answers!

Enjoy the quiz!

1. Is the basic brain pattern that we have from conception male or female?
2. Who are more likely to be colour-blind – men or women?
3. Who have better spatial awareness?
4. How do women shop?
5. How do men shop?
6. Whose skin is more sensitive to touch – man's or woman's?
7. Who feel the cold more?
8. Who are better at reading body language?
9. Who are better at distinguishing between high-pitched noises?
10. Who are better at identifying from where sounds come?
11. Who have the lower pain threshold?
12. Who are better able to discern salty or bitter tastes?
13. Who are better able to discern sweet tastes?
14. Who have the finer sense of smell?
15. Who have more brain cells?
16. Who use only the left side of the brain for speech?
17. Who are better at languages?
18. Who are better at maths?
19. Who find it easier to read while listening and talking?
20. Whose brain is more compartmentalised?
21. How does a woman get rid of problems from her mind?
22. Who use more words in a day? ....
23. and by what rough proportion?
24. What chief purpose do men see in the telephone?
25. What chief purpose do women see in the telephone?
26. Who are able to speak and listen at the same time?
27. When a man has a problem what does he do?
28. What does a woman need to do when reading a map?
29. Who find it easier to use a TV remote control?
30. Who are better at intricate handcraft?

Now swap sheets with your spouse and mark them as you hear the answers.

Devised by members of the former Norfolk Branch of Marriage Resource - With thanks to "Why men don’t listen and women can’t read maps" by Allan and Barbara Pease, and to “Why men don’t iron” by Anne and Bill Moir.
Men are from Mars and Women are from Venus Quiz
ANSWERS and EXPLANATIONS

1. Is the basic brain pattern that we have from conception male or female?
   All brains are initially female, but for males it changes from six weeks after
   conception and men's brains develop differently. Because men's brains change there
   is more potential for wider extremes of brain capabilities. Therefore more men are
   likely to be geniuses or mentally handicapped.

2. Who are more likely to be colour-blind – men or women?
   Over 10% of men are at least partially colour-blind. Very few women are.

3. Who have better spatial awareness?
   Men. So they find it easier to park a car or to reverse it.

4. How do women shop?
   They find shopping relaxing, rejuvenating - trying on different clothes. It can be
   unstructured and it does not need a definite outcome. (This does not apply to food
   shopping though!)

5. How do men shop?
   Men shop with definite objectives and a timetable – the quicker the better.

6. Whose skin is more sensitive to touch – men's or women's?
   Women's – their skin is thinner; also they have an extra layer of fat beneath it,
   which adds to beauty in youth and wrinkles in old age.

7. Who feel the cold more?
   Men – because they lack that layer of fat. But because of it women have the
   greater problem with hot temperatures.

8. Who are better at reading body language?
   Women.

9. Who are better at distinguishing between high-pitched noises?
   Women.

10. Who are better at identifying from where sounds come?
    Men.

11. Who have the lower pain threshold?
    Men – except when focussed on a physical task or sporting activity.

12. Who are better able to discern salty or bitter tastes?
    Men – which is why they like beer.

13. Who are better able to discern sweet tastes?
    Women – hence chocholics.

14. Who have the finer sense of smell?
    Women.
15. Who have more brain cells?
   Men – approximately 4 billion more than a woman.

16. Who use only the left side of the brain for speech?
   Men. Women use both sides.

17. Who are better at languages?
   Women.

18. Who are better at mathematics?
   Men.

19. Who find it easier to read while listening and talking?
   Women.

20. Whose brain is more compartmentalised?
   Men. At the end of a busy day a man’s brain can file his problems away.

21. How does a woman get rid of problems from her mind?
   By talking about them – the objective is not necessarily to find solutions but to discharge the problems.

22. Who use more words in a day? ....
   Women.

23. and by what rough proportion?
   Approaching three times the words of men.

24. What chief purpose do men see in the telephone?
   As a communication tool for asking questions and giving information.

25. What chief purpose do women see in the telephone?
   As a means of developing and sustaining relationships.

26. Who are able to speak and listen at the same time?
   Women. Men can usually only do one at a time.

27. When a man has a problem what does he do?
   He withdraws into himself and/or uses his recreational or hobby skills while working out the solutions.

28. What does a woman need to do when reading a map?
   Turn it in the direction in which she is going.

29. Who find it easier to use a TV remote control?
   Men.

30. Who are better at intricate handcraft?
   Women.
MR AND MRS QUESTIONS

The couple sits back to back, holding up a large card with A, B, or C to show their answers simultaneously, in a way that the other cannot see.

Men

1. If your wife asks "Do I look too big in this" what do you say?
   A. No – it's the chocolate
   B. No - can you move now – you are blocking the TV
   C. What do you think?

2. If your wife is in bed with 'flu, do you say –
   A. Who's cooking dinner?
   B. Can I get you anything?
   C. O good - we can have an early night

3. If you are having a race at 100mph with another car, would she
   A. Say "Go on darling – you can beat him"?
   B. Say "Slow down – you'll kill us all"?
   C. Pray – whilst thinking we're doomed?

4. If you suggest a visit to the cinema, would your wife prefer
   A. Lord of the Rings?
   B. A romantic comedy?
   C. A James Bond?

5. If your wife sees a big black spider on the rug, does she
   A. Scream?
   B. Ask you to catch it and put it outside?
   C. Put a glass over it, slide a piece of card under it, and put it outside?

6. If your wife demolishes the gatepost with the car would she
   A. Burst into tears and confess everything straight away?
   B. Try to conceal the damage?
   C. Deny all knowledge and suggest someone else must have done it while you were out?
MR AND MRS QUESTIONS

Women

1. If your husband tells a joke you have heard him tell often before, do you
   A. Tell him you have heard it before?
   B. Look annoyed?
   C. Pretend it is the first time you have heard it?

2. If your house was on fire what would your husband save first?
   A. The TV or other valuable item
   B. You
   C. A pet

3. If your husband loses something and accuses you of putting it somewhere, and then finds it, realising it was his fault, do you
   A. Say "I told you so"?
   B. Ask for an apology?
   C. Make a joke about it?

4. If you were about to buy your husband a gift as a surprise – and he does something really annoying, do you
   A. Say " I was going to buy you ... but now you've ... I've changed my mind"?
   B. Go ahead and buy the gift?
   C. Buy yourself a new outfit instead?

5. When he comes shopping with you, does he
   A. Stop at every electrical gadget shop?
   B. Have eyes for other women?
   C. Head for the restaurant?

6. If you are having a serious conversation with your husband, does he
   A. Continue reading?
   B. Continue watching TV?
   C. Look you in the eye?

With thanks to the former Norfolk Marriage Resource Branch